

At-A-Glance: Coordinated School Health



Coordinated school health programs support the connection among good health practices, academic achievement, and lifetime wellness.

Coordinated school health initiatives consist of eight core components:

- + health education
- + health services
- + nutrition
- physical education
- healthy school environment
- school counseling, psychological, and social services
- student, family, and community involvement
- school staff wellness

Tennessee's coordinated school health program began as a pilot program in 2000, before expanding to all 95 counties in 2006.

Tennessee is unique in the nation in requiring and funding a coordinated school health initiative in all school districts.

